PACKING LIST



CARRY-ON BAG

One outfit, including undergarments		
Passport (and Yellow Fever card if on hand)		
Trip Medical Insurance card		
Printed copy of complete flight itinerary		
Spending money		
• \$30 U.S. dollars for visa application upon arrival in Kigali: see Guide for further detail		
Travel-sized toiletries in a quart-sized clear bag		
Valuables (e.g., laptops, phone, chargers)		
Any daily medication, including anti-malarials		
Emergency contact information (Rwanda and U.S.)		
Snacks		
OPTIONAL: travel pillow, sleeping pills, socks, sweatshirt, headphones, eye mask, book, iPod, etc.		

CHECKED BAG

Toiletries

- Disinfectant hand wipes/hand sanitizer
- Shampoo and conditioner
- 🗌 Soap
- Toothbrush and toothpaste
- Deodorant
- Razor and shaving cream
- Small amount of laundry detergent (Tide packets)
- Sunscreen
- Mosquito repellent with DEET
- Anti-itch cream for any bites
- OPTIONAL: headbands, travel hairdryer (with adaptor), contact solution, feminine hygiene products, makeup, hairstyling supplies



DON'T OVER-PACK!

- Expect to bring one checked bag of personal belongings.
- The rainy seasons are March-April and September-December. The dry seasons are January-February and May-August.
- Linens and bath towels are provided for you at the Guest House.
- Laundry services are available for a small charge. For cultural reasons, please plan to wash your own undergarments.
- Each room in the Guest House has a fan and electrical outlets.

Personal Items

- Backpack or crossbody purse for daily use
- Spending money
- Bible
- Sunglasses
- Camera and charger/batteries
- Anti-malarial medication
- Antibiotics
- Imodium, Pepto-Bismol, Tums, Tylenol
- Cold medicine
- Toilet paper for stashing in day bag
- Gifts for your sponsored child

Optional

- Notebook or journal and pens
- 🗌 Hat
- Snacks (energy bars, nuts, gum) for during visit and both flights
- Powdered drink or coffee mix
- Dietary supplements
- Earplugs
- Watch or alarm clock

LADIES' CLOTHES

Everyday Clothes

	Cotton pants (no yoga pants or shorts)			
	T-shirts or short-sleeved/sleeveless blouses			
	Sweatshirt			
	Light jacket – rainproof is best			
	Bras, underwear, and socks			
	Skirts or dresses			
	Pajamas			
	Belt			
	Sturdy walking shoes			
	House shoes - easy-on shoes for use exclusively in the Guest House			
Church Clothes				
	Dresses or skirts (at least knee-length)			
	Blouse and slacks			
	Dress shoes (flats recommended)			

Cardigan

GENTLEMEN'S CLOTHES

Everyday Clothes

		Cotton pants, nice jeans (no holes), or chinos (boys may wear shorts, but men should not wear shorts outside of the Guest House for cultural reasons)		
		T-shirts or other short-sleeved shirts		
		Sweatshirt		
Γ		Light jacket – rainproof is best		
		Socks and underwear		
Γ		Pajamas		
		Sturdy walking shoes		
[House shoes – easy-on shoes for use exclusively in the Guest House		
(Church Clothes			
		Slacks		
		Belt		
		Button-down shirt		
Г		Tie		

Dress shoes

Going on safari: If your team is participating in a safari, you may want to bring a hat, a scarf or bandana in case of excessive dust, and a pair of binoculars!



LUGGAGE LIMITATIONS

- Each airline limits how many pieces of luggage you are able to check and carry on. The maximum amount of weight allowed is listed according to the airline. Please be aware of weight limitations and cost per checked bag for your flight.
- If the airline approves 2+ checked bags: Please plan to pack one for personal use and others for ministry use.
- Pack all of your belongings in suitcases; do not bring plastic tubs or cardboard boxes. These items tend to raise questions with customs officials.

Electrical Outlets

Rwandan outlets require different plugs and supply a higher level of voltage (230v) than U.S. outlets (120v). For this reason, travelers should bring an <u>adaptor/converter</u> to help convert the voltage for small appliances. Without the right adapter, the voltage difference may damage your electronics. High power devices such as a hair dryer require a special converter to avoid damage. To read more, please click here.