



AFRICA NEW LIFE
MINISTRIES

Updated Team Trip Manual
2012

Africa New Life Ministries Team Trip Manual

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About Africa New Life Ministries

Africa New Life exists to break the cycle of poverty in Rwanda by providing education, spiritual insight and basic necessities to poor children and families. Since 2001, Africa New Life has shared the gospel using two hands: the hand of compassion—helping to meet basic needs and give hope for the future to those living in poverty in Rwanda—and the hand of evangelism—sharing the freedom and hope found in Jesus Christ.

One of the key components of Africa New Life Ministries is child sponsorship. By sponsoring a child to get an education, you help break the cycle of poverty in Rwanda and free these children to dream. Sponsorship provides school fees, scholastic materials, a uniform, shoes and medical care for your child. In addition, your child learns about the hope found in Jesus Christ through Christian programs, such as Center Days and day camps.

In just 10 years Africa New Life has grown to serving nearly 4000 children and vulnerable women in Rwanda. Some of the projects and programs that are currently established through Africa New Life Ministries include:

Street Children Ministry

It is estimated that 7,000 children live on the streets of Kigali, Rwanda. These children (mostly boys) go to the streets looking for food and for a better life. Twice a week, Africa New Life hosts a ministry for street children at the Dream Center in Kigali, the capitol city of Rwanda. More than 300 street children flock to the Dream Center on Mondays and Thursdays for warm meals, water to wash themselves and their clothes, a worship service and to hear about Christ.

New Life Family Center

Florence Mugisha, wife of President and Founder of Africa New Life Charles Mugisha Buregeya, has a big heart for the women in Rwanda. The New Life Family Center is her dream. Each year, 70 women receive vocational training in tailoring through the New Life Family Center, which helps them support their families. In addition to vocational training, the New Life Family Center teaches the women about God and counsels them. Many of these women are widowed and many are HIV-positive. Each woman has a story of great suffering. Fortunately, the New Life Family Center offers them an opportunity to heal, to grow and to find hope.

Care for Orphans

In 2006, the UNICEF office in Rwanda estimated there are more than one million orphans in Rwanda. Many live with relatives, many have established their own homes (child-headed households) and thousands live on the streets. Despite struggles, Africa New Life believes that orphans have the potential to be successful in life. Currently, Africa New Life manages six children's homes for orphans. In order to raise orphans in a family setting, an "Auntie" lives with and disciplines 16 children living in each of these six homes. This setting allows children to thrive, giving them an opportunity to learn and grow.

New Life Christian Academy

New Life Christian Academy officially opened its doors in 2003; just one year after 30 young, poor children stood in a circle around a plot of land and prayed that God would help build a school for them. New Life Christian Academy isn't an ordinary school, rather is based on the idea that poor children can perform just as well as those from wealthy families given the opportunity. More than 600 children from impoverished families attend the school. Today, New Life Christian Academy is the top performing private school in its province and 5th best in all of Rwanda. Students learn about Jesus and the hope found in Him while receiving a quality education.

Our Communities

KIGALI Kigali is a metropolitan city with more than one million people. Sponsored children in Kigali attend one of many government schools, where they are taught in English. Most families live in mud or concrete houses, but have few possessions. Unemployment is high in Kigali, and many parents struggle to find work. Kigali is home to Africa New Life's headquarters in Rwanda, New Life Bible Church, the Street Children's programs, New Life Family Center and the Esther Home college sponsorship program for young women.

KAGEYO Kageyo is a resettlement village about three hours east of Kigali. Rwandan refugees living in Tanzania resettled in Kageyo when they were sent back to Rwanda. Now, several thousand people live in small homes the Rwandan government built for them. Kageyo is in an arid part of Rwanda, where it is difficult to grow crops. Sponsored children attend a school managed by Africa New Life. Since Africa New Life began sponsoring children in 2009, Kageyo primary school has risen to become the top public school in its area. Because most children live in extreme poverty, lunch is served at school each day. In addition to the school Africa New Life oversees a church in the community.

KAYONZA Kayonza is a small town 30 miles east of Kigali. Some sponsored children in Kayonza attend Africa New Life's school, New Life Christian Academy; others attend government schools in the area. All children are taught English. Most families live in mud or banana leaf huts and struggle to find work. Men and women sometimes help with household chores or harvesting crops to earn a living. In addition to New Life Christian Academy and a local church, Africa New Life runs six children's homes in Kayonza that house 160 orphans and former street children. New Life Christian Academy has tested as the top public school in Eastern Rwanda for several consecutive years.

BUGESERA In October 2011, Africa New Life began working in a new community in Rwanda. Bugesera is a dry and arid district located about one hour south of Kigali. During the 1994 genocide in Rwanda, Bugesera lost more than half its population. Today, the people of Bugesera live in extreme poverty and most children either do not attend school or attend irregularly. In 2011, the government of Rwanda asked Africa New Life to manage a school built by UNICEF. Thanks to this unique partnership, the school is now open with several hundred students attending.

Africa New Life Team Trips

Trips to Rwanda with Africa New Life allow friends and partners to actively participate in the vision and life of community transformation.

This is accomplished by:

- Introducing teams to the ministry in Rwanda
- Giving teams the opportunity to be used in the bigger picture of serving with two hands: Sharing the Gospel and Acts of Compassion
- Helping teams serve and bless the people in Rwanda in a way that our staff could not otherwise facilitate
- Allowing team members to see Rwanda and the needs of people there and inviting them to share ways to further the vision with their friends and family
- Providing a platform for God to work in people's lives

If God is calling you to join a mission trip to Rwanda, brace yourself. You're in for the most exhilarating, fantastic ride of your life!

Types of Trips

Vision:

Vision teams are organized and led by Africa New Life and are comprised of pastors, church leaders, and business leaders who are interested in seeing the work of Africa New Life first-hand and exploring a long-term partnership. Length: 7 days

Mission:

Mission teams are formed around projects that Africa New Life Ministries' Rwandan staff identifies. They are organized and led by a variety of partners and advocates around the U.S. Length: 7-14 days

Child Sponsorship:

Child Sponsorship trips are organized and led by Africa New Life and are comprised of sponsors interested in meeting their sponsored children. These trips will provide the sponsor with time to visit their sponsored child and his or her family, as well as experience the community they live in. Length: 7-14 days

Leader Development:

Leader Development teams are formed around specific leadership development opportunities identified by Africa New Life Ministries. They are organized and led by experienced partner churches and advocates from around the U.S. Length 7-14 days

Expectations of Team Trips

Team members are expected to live and breathe these two principles in preparation for their trip and while they are in Rwanda:

1. Flexibility: Let "This is Africa" rule your mind. Your schedule, your activities, your budget will all change. Expect changes....and, roll with them.
2. Service: The reason for your mission trip is solely to serve! Remember, you may be asked to do things that don't always come naturally. Embrace the challenge and dive-in!

Team Beliefs

Teams must align with Africa New Life's statement of faith:

1. We believe the Bible to be the inspired and the only infallible, authoritative Word of God.
2. We believe that there is one God, eternally existent in three persons: Father, Son, and Holy Spirit.
3. We believe in the deity of Christ, in His virgin birth, in His sinless life, in His miracles, in His vicarious and atoning death through His shed blood, in His bodily resurrection, in His ascension to the right hand of the Father, in His present rule as Head of the Church, and in His personal return in power and glory.
4. We believe that for the salvation of lost and sinful men, regeneration by the Holy Spirit is absolutely essential.
5. We believe in the present ministry of the Holy Spirit, by whose indwelling the Christian is enabled to live a godly life.
6. We believe in the spiritual unity of believers in our Lord Jesus Christ, with equality across racial, gender, and class difference.

Serving in Rwanda

Each team traveling to Rwanda typically visits all four communities while on the ground. Teams wishing to focus on a particular community are able to do so through some strategic planning with our Rwandan staff.

Africa New Life Staff in Rwanda

Africa New Life Ministries has nearly 150 Rwandan staff on the ground working in Rwanda. They work in all three communities where we have child sponsorship offices, churches, and schools. Our staff are happy to have you visit and will go out of their way to accommodate you. Culturally, Rwandans struggle to say "no" to a visitor. It is important to keep this in mind, as what you ask of them may or may not actually be possible. Feel free to befriend our staff, especially those providing services for you such as driving, housing, meals, tours, and education. We do ask that you respect their role as a leader in the ministry and include your team leader in any conversations that require follow up.

About Rwanda

Background

Rwanda is a small landlocked country in Central East Africa often referred to as the “heart of Africa”. Rwanda’s population is estimated at about nine million, making it the most densely populated country in Africa.

Since its colonization by Belgium in the late fifties, Rwanda has seen much unrest and war. In 1994, Rwanda experienced its darkest moment when the genocide claimed more than 800,000 lives in just 90 days. Now more than 15 years later, Rwanda has completely transformed. The economy is growing and there is hope throughout the nation. Rwanda’s future looks very bright.

Rwanda is green, lush and beautiful. It is fondly called “the land of a thousand hills”. The climate is moderate all year (70-85 degrees during the day, in the 60s at night) and has two main rainy seasons. The elevation averages 5,000 feet.

The government, led by President Kagame, is democratically elected and has brought vision, growth and stability to the region in the late 1990s.

Culture

Rwandans are very kind and happy people, despite their immense suffering. They greet each other with a hug and a handshake. It is not uncommon to see two men walking down the road holding hands as an expression of friendship.

Rwandans are very proud and dignified people, their clothing reflects this. Men are usually seen wearing slacks and a button-up shirt. Women in the city wear Western-style clothing, but they dress more conservatively in the villages and wear long skirts.

Music and dance are a big part of their culture. They have traditional dances and instruments that you may have the pleasure of seeing and hearing.

Although the leaders are elected, Rwanda is not a democracy like we know it. Rwandans cannot legally comment on politics or their personal opinions of leaders. Out of respect please avoid asking about the political climate in Rwanda.

Culturally, Rwandans do not say “no” to elders or to visitors. Instead of telling you “no” or that there is a better way, they will disengage, pull back or disregard your advice. They often say “yes” by simply raising both of their eyebrows.

Cultural Sensitivity

It is important to dress respectfully. Adults do not wear shorts in Rwanda, although it is okay for young male visitors to wear them. Adult men can wear shorts at the guest house, but should not wear them in public. In outer laying communities such Kayonza, Kageyo and Bugesera women wearing skirts is most appropriate. In Kigali a more modest Westernized way of dressing is acceptable.

For church, Rwandans dress up. Women should wear dresses or nice skirts and tops. Men should wear slacks and a button down shirt.

Christians in Rwanda do not drink or smoke. They will be deeply offended if you do or if you talk about it.

Visitors may **not** take pictures of police or military, nor may they take photographs inside or around the airport or government buildings. If someone does take a picture, the police or a soldier may take it away. In general, do not take photographs of people without asking them first.

You may notice while in country Rwandans laughing or giggling around American travelers. Please do not be offended by this, Rwandans laughing or giggling may be a sign of nervousness or excitement around foreigners.

Genocide Sensitivity

Rwanda has come a long way since the 1994 genocide. Nearly everyone you meet was affected by the war; most lost family members and friends. Please do not ask which tribe people are from. They are all Rwandan and the country is trying very hard to unify its people.

Please do not ask people about the genocide, their experience or their personal story. If someone does share their story with you, don't ask them to repeat it to someone else and don't re-tell their story to someone else in their presence.

Social Media

It is important while visiting Rwanda to show respect to the culture and history in the area of social media. Tweeting and posting instagrams from genocide memorial sites is not allowed.

Preparation for your Trip

Recommended Viewing and Reading

Movies:

- Hotel Rwanda
- Sometimes in April
- Frontline: The Ghosts of Rwanda
- Rwanda Rising
- As We Forgive
- Beyond the Gates

Books:

Required Reading

- *When Helping Hurts: How to Alleviate Poverty Without Hurting the Poor and Yourself* by Steve Corbett & Brian Fikkert

About the Genocide

- *Left To Tell: Discovering God Amidst the Rwandan Holocaust* by Immaculee Llibagiza
- *Lead by Faith: Rising from the Ashes of the Rwandan Genocide* by Immaculee Llibagiza
- *We Wish to Inform You That Tomorrow We Will be Killed With Our Families: Stories from Rwanda* by Philip Gourevitch

About Rwanda

- *A Thousand Hills: Rwanda's Rebirth and the Man Who Dreamed It* by Stephen Kinzer
- *Land of a Thousand Hills* by Rosamund Halsey Carr and Ann Howard Halsey

About African Culture

- *Foreign to Familiar: A Guide to Understanding Hot –And Cold – Climate Cultures* by Sarah A. Lanier
- *African Friends and Money Matters* by David E. Maranz

Team Meetings

Team meetings are an essential part of preparing for the trip. They ensure team unity and allow each person to receive important information about the trip. Africa New Life requires that each team have **at least four** meetings before departure.

Teams may also consider team-building activities and group service opportunities in preparation for your trip. Whether or not you engage in such activities is the decision of the team leader.

Children on Teams

Anyone under the age of 21 may only travel to Rwanda with a parent, guardian or qualified youth leader.

Africa New Life recommends that children be 10 years old to travel to Rwanda with a parent or legal guardian. It is important that children are mature, flexible and capable of handling, seeing and processing poverty.

Team Home Visits

Every team leader will submit to the Rwandan Mission's coordinator a list of children the team intends to visit while in country. This list must be submitted 30 days prior to departure. There will be no additions to the list once the team has landed in Rwanda.

Raising Support

Many people decide to raise support for their mission trip by writing letters to their friends and family. These letters share about the trip, the team and give specifics about how people can help: 1) prayer, 2) financial support. Examples of support letters and a response device can be found in the back of this manual (Appendix A & B). Please do not copy the letters, but use them as a guide for how your letter could look.

Support letters should include the following:

Support Letter

Response Device

Response envelope labeled in this manner:

Africa New Life Ministries office address for the "mail to" address label

Africa New Life Ministries

Missions Dept.

7145 SW Varns St. Suite 201

Portland, OR 97223

A second label should be adhered to the back of the response envelope either above or below the seal, which denotes the **team name with the team member name**. (ie PDX August 2011 Team, Angie Rettmann)

Instructions for giving online

Instructions for giving online are outlined in the Response Device appendix at the end of this manual. Please note that there is a 3% charge on credit transactions and \$.50 on EFT donations. This will be deducted from the amount donated before being credited to your trip. For example a credit or debit donation of \$150 will actually be \$145.50 (less 3% of total donation).

Support Tracking

Every Friday a report will generate from the U.S. office to your email with your funds raised to date.

Financial Expectations

Africa New Life requires a \$300 deposit with applications for each person to secure their spot on the team. Thirty days after airfare has been purchased the difference between the deposit and airfare expense is due to Africa New Life Ministries. Initial deposits and applications are due at least three months before departure.

Please note that deposits for mission trips are non-refundable.

50% of your funds must be in at least 60 days before departure. Your team leader will provide you with the exact due date for your trip. 100% of your funds must be in no later than 45 days before departure. Your team leader will provide you with the exact due date for your trip.

Applications and References

Applications and references will be reviewed and if any concern arises the applicant will be interviewed by our U.S. staff to determine their eligibility for the trip.

Trip Cancellation

Africa New Life cannot offer refunds for donations made towards a mission trip.

If a team member must cancel their trip more than 30 days before scheduled departure, the cost for on-ground expenses may be held for a future trip. Once airfare is purchased, if a team member must cancel their trip, they will be responsible to pay the cancellation fee and/or the full cost of the ticket (if non-refundable).

If a team member cancels their trip less than 30 days before scheduled departure, all donations or contributions towards the trip are forfeited. They may not be held for future trips since the funds are already distributed to various parties in Rwanda (to cover all on-ground expenses).

Insurance

Africa New Life Ministries **highly recommends** each team member buy the trip insurance that is offered with your flight. Many airlines do not refund your money if you cannot take your trip for any reason and you do not want to be stuck in that situation.

Africa New Life **requires** each team member to purchase travel insurance, which covers medical care and lost luggage in Rwanda. Many health insurance carriers do not extend to you while traveling internationally. If you are traveling with an Africa New Life representative this is part of your budget. If you are not and need guidance please contact the U.S. office.

U.S Travel Registration

Each team member must go to the following Web address and register their trip with the U.S. government. This alerts the U.S. embassy in Rwanda of your presence in the country during your stay.

<https://travelregistration.state.gov/>

Passports

A passport is required to travel to Rwanda and must be valid for more than six months from the time you depart Rwanda. Those traveling with a U.S. passport will not need a Visa to enter Rwanda. **Canadian citizens are required to have a visa to enter Rwanda.** Passports issued by other countries may require Visa's for country entrance. Please be aware of your particular requirements.

If you have never had a passport, you can get an application at your local post office or download it from: http://travel.state.gov/passport/forms/forms_847.html. You will need to take the unsigned application to a post office or acceptance office and sign under the eye of an agent.

Then, submit your application at the post office or office or other acceptance office or mail it in with the following:

1. Previous U.S. passport or certified birth certificate
2. Two “2x2” passport photos (you can get these taken at Walgreens, the post office, etc.
3. Passport application fee (http://travel.state.gov/passport/get/fees/fees_837.html).

If you need to renew your passport, you can get an application at your local post office or download it from: http://travel.state.gov/passport/get/renew/renew_833.html. You can send in your application with your previous passport. They'll return both to you.

During these busy times, passport applications can take six months to process! Make sure you are on top of this. For current processing time projections, check here: http://www.travel.state.gov/passport/get/processing_1740.html.

Health and Immunizations

There are travel clinics in nearly every city. Your physician or travel clinic will be able to give you all of the information on what is required and recommended for travel to Rwanda.

You can find more information on travel clinics in your area online through the *Centers for Disease Control and Prevention*.

www.cdc.gov

Rwanda requires everyone entering the country to have a Yellow Fever immunization. Africa New Life Ministries strongly recommends getting all of these immunizations:

- Yellow Fever
- Typhoid
- Tetanus Booster
- Hepatitis A & Hepatitis B

Additionally, everyone going on a team should take an anti-malarial medication. Africa New Life recommends one of the following.

1. Malarone: a daily pill with most common possible side effects including nausea and headaches.
2. Doxycycline: a daily pill with most common possible side effects including increases sensitivity to sun.

*Larium is another weekly anti-malarial medication, but can cause vivid nightmares and dreaming. It is not recommended.

Lastly, Africa New Life recommends purchasing Imodium and getting a prescription for Ciprofloxacin in case you get traveler's diarrhea.

Packing List

Clothes

- ⑦ Dressy church clothes (nicer than US): Men wear slacks and a button-down shirt
- ⑦ Cotton pants or capris, shorts okay for boys (men may wear shorts in the guest house)
- ⑦ Dresses or skirts for women
- ⑦ T-shirts, no tank tops
- ⑦ Shoes: dress shoes, sandals, tennis shoes, flip flops
- ⑦ Light jacket

Toiletries

- ⑦ Disinfectant hand wipes
- ⑦ Shampoo
- ⑦ Soap
- ⑦ Toothbrush & toothpaste
- ⑦ Towel & washcloth
- ⑦ Small amount of laundry detergent
- ⑦ Lotion
- ⑦ Sunscreen
- ⑦ Mosquito repellent with DEET

Personal Items

- ⑦ Sunglasses
- ⑦ Small calculator
- ⑦ Camera, digital and/or video
- ⑦ Batteries and video tapes
- ⑦ Flashlight
- ⑦ Earplugs, if sensitive to noise
- ⑦ Electrical adapter and converter for Rwanda (Rwandan power is 220V)
- ⑦ Medicine kit: anti malarial medication, Imodium, Ciprofloxacin, pain medicine, cold medicine, Tums, Pepto Bismol tablets, etc.
- ⑦ Snacks: energy bars, beef jerky, powdered drink mix (for water)
- ⑦ Big zip-sealed bags for storing food

Travel Items

- ⑦ Backpack or daypack
- ⑦ Small notebook or journal
- ⑦ Bible
- ⑦ Books to read on the plane and in airports
- ⑦ Travel pillow (optional)
- ⑦ Photo copy of Passport, itinerary and copy of insurance card (leave copy of passport and itinerary with someone at home)
- ⑦ Gifts for your sponsored child, unless previously purchased online
- ⑦ A list of items in each checked bag

Always pack documents (such as tickets and passport), valuables and medicine kit in your carry-on luggage. It is wise to bring a carry-on that also includes a change of clothes, toothbrush or just a few things that you might need in the event of lost luggage. Keep in mind that each airline limits how many pieces of luggage you are able to check and carry-on. The maximum amount of weight also is listed according to the airline. Please be aware of weight limitations and cost per checked bag for your flight.

Airline approval for 2 checked bags: Please plan to pack one for personal use and one for ministry use.

Additionally please pack all of your belongings in suitcases, do not bring plastic tubs. When arriving in Rwanda and going through customs these tubs tend to raise questions with the officials. Furthermore, it is helpful to create a list of what is in each bag for passing through customs more smoothly. Be sure to pack this list in your carry-on.

Preparing Your Testimony

Every believer should be prepared to share his or her personal story of how they came to know Jesus and how He has made a difference in their lives. Christ makes a difference in our daily lives; it's an important story to tell! While on the mission field, it's also important to make sure that your testimony can be understood across cultures. Try to use images that Rwandans can relate to and avoid American concepts. Instead try and focus on West African concepts such as shame and honor versus sin and guilt.

There are four easy steps to preparing your testimony. It is best to write out your testimony. Often weaknesses in communicating show themselves on paper.

Four Steps to Prepare Your Testimony

1. Life before Christ
What common circumstances could Rwandans identify with? What were your attitudes that a Rwandan could identify with? What was most important to you? What substitute for God did you use to find meaning in your life (sports/fitness, success at work, marriage, sex, making money, drugs/alcohol, entertainment, etc.)?
2. Realizing your need for Christ.
What significant steps led to your conversion? What needs, hurts or problems made you dissatisfied with the way you were living without God (consider choosing a theme from step one)? How did God get your attention? What motivated you?
3. Committing your life to Christ
What specifically did you do to cross that line? Where did that happen? What did you say in your prayer? Be specific and avoid "Christianese" or church-like phrases such as "alter," "asked Jesus to come into my heart," "prayed the sinner's prayer," etc.
4. The difference in your life.
What benefits have you experienced or felt? What problems have been resolved? How has Jesus helped changed you for the better? How has it helped your relationships?

Review Your Testimony

- 2-5 min long, friendly for non-believers, gospel message, emphasize Christ in life
- Can Rwandans relate? – Avoid using idioms, slang, long phrases. Make it easy for translation
- Do not talk about cultural taboos or money, as well as do not refer to geography in the U.S.

Rwandan Phrases

Before going to Rwanda it is helpful to know a few Kinyarwandan phrases. If you would like to learn more than what is listed below, we can recommend a few resources.

Good morning	MwahRahMootZAY (Mwaramutse)
Good afternoon	MweeReeWay (Mwiriwe)
How are you?	AhMahKooRoo (Amakuru)
Thank you	MooRahKohZay (Murakoze)
Good Bye	Murabeho (Murabeyo)
Yes	YAYgo (Yego)
No	Oya (Oya)
What's your name?	WitWAHNday? (Witwa nde)
My name is _____	NEETwah _____. (Nitwa)
Nice to meet you (1 person)	NdahBeeSheemYay (Ndabishimiye)
Have a good day	OoMoonSee MweeZah (Umunsi Mwiza)
How much does this cost?	NahnGahHay? (Nangahe)
White person	OoMooZoonGoo (Umuzungu)
God Bless You	EeMahNah AhGooHay OoMooGeeSha (Imana aguhe umugisha)

Culture Shock

It is common upon arrival in a third world country to feel a bit of anxiety or experience discomfort with the differences you see and feel. Typically Westerners quickly criticize or judge in an effort to provide solutions. It will be important for you to consider the following tips in order to respond graciously.

- Keep an open mind and welcome new experiences
- Have a sense of humor about situations
- Have grace with yourself that no one is perfect in a completely new situation
- Communicate often and extensively with the rest of your team
- Adapt an attitude of flexibility
- Come from a perspective of a learner and being curious about a new culture
- Positive and realistic expectations
- Create space for tolerance and differences
- Have respect and empathy for others

Required Reading/Team Discussion: *When Helping Hurts*, by Steve Corbett and Brian Fikkert,

Discussing the following topics in 3 subsequent team meetings is expected.

Topic A: Chapter 2, defining poverty

Topic B: Chapter 4, understanding poverty

Topic C: Chapter 7, short term mission teams

It is Africa New Life Ministries' suggestion that all team members read the book in its entirety, however we will primarily discuss the above 3 chapters as a team.

Use this space to take notes on key points of discussion

On the Ground in Rwanda

Orientation in Rwanda

All teams will participate in an orientation meeting when they first arrive in Rwanda. The team leader or Africa New Life Rwanda staff person will review cultural expectations, cultural sensitivity, policies on sponsorship and details of the Street Children Ministry.

Typical Trip Itinerary-Based on a Saturday evening arrival and Sunday departure

Sunday-Kigali

- Church at Dream Center
- Kigali Genocide Memorial

Monday-Kigali

- Orientation
- Street Children Ministry
- Tour NLFC

Tuesday-Kayonza

- Tour New Life Christian Academy and campus
- Home Visits
- Drive to Akagera Game Lodge

Wednesday-Akagera/Kayonza

- Akagera National Game Park (safari excursion)
- Stay a second night at Akagera Game Lodge

Thursday-Kageyo

- Visit Kageyo: Tour the community, serve lunch and visit children
- Drive back to Kigali

Friday-Bugesera

- Visit Nyamata Genocide Memorial
- Tour school
- Home Visits

Saturday-Kigali

- Center Day
- Shopping for Souvenirs

Itineraries are created in a collaborative effort between the U.S. and Rwandan staff

Staying Healthy While in Country

- Only bottled or filtered water is considered safe for drinking. Please ask your team leader if you have any questions about drinking water. Other safe alternatives include soda or drinks made with boiled water such as coffee or tea.
- Elements like elevation, temperature, and activity level require you to drink more than 64 ounces of water each day.
- Do not use tap water for brushing your teeth. Use bottled water.
- If your stomach starts to feel upset by the food, consider yogurt, which will provide local bacteria's to help your body process new foods.

Devotions

We encourage teams to participate in team devotions daily, which may include reading Scripture, prayer, worship and praise, etc. it is an important part of your trip and a critical part of your day. We want to make sure every team is seeking the face of the Lord before they leave and while they are in Rwanda.

Discipline

Any team member can be asked to leave Rwanda by the team leader or Africa New Life Ministries under the following circumstances:

- Team member does not adhere to moral or ethical standards of Africa New Life Ministries
- Team member knowingly disobeys the rules Africa New Life Ministries has set for mission teams

Meals in Rwanda

Most teams eat their meals at our guesthouse. We have trained cooks who are able to cook safely for Westerners. Most dinners are more traditional African foods like rice, beans, and fried bananas. Lunches tend to be more “Western” such as Mexican food, hamburgers, and Italian food. Depending on the day's itinerary, teams may pack sack lunches to take with them. Additionally many teams go out to eat for some of their meals.

Personal Conduct

Team members are asked to never be alone with a person of the opposite gender in Rwanda—Rwandans or Americans. Rwandan men, in particular, are very charming and can try to use their position and charm to encourage young American women to fall for them. Oftentimes, they are innocent enough. Saying, “I love you” or “You are beautiful” means very different things in Rwanda than in the United States. **As teammates please be aware of private conversations and/or vulnerable situations where you can step in and alleviate any possibility of confusion or miscommunication. This type of accountability is healthy and should be demonstrated by all team members.**

Please do not give out your personal contact information to those you meet in Rwanda. This is for your protection! Team members are asked to not give out their e-mail addresses, phone numbers or accept random Rwandan “friends” on Facebook. If you have a specific person who you would like to stay in contact with, please ask your team leader before taking initiative on this. By compromising on this policy, team members subject their Rwandan friends and acquaintances to extreme measures.

Our Rwandan staff can lose their job if they appeal for money or assistance from any visitor without going through the Africa New Life offices. By giving them direct access to you (via e-mail, phone or Facebook), this becomes an easy thing to do but can cost them dearly.

Giving While in Rwanda

- Almost everyone you will meet will be extremely poor. As an American, you are perceived as being wealthy; compared to them, you are. Please do not make promises or say that you will try to help them (perceived as a guarantee in Rwanda). Instead, offer to pray for them.
- Mission teams will not give out mass gifts (shoes, shirts, etc.). If desired, they may purchase these items and leave them for Africa New Life Ministries' Rwanda staff to distribute.

Exchanging Money

It is important to go prepared with currency that is easy to exchange and will provide the best exchange rate. Bills in increments of 50's and 100's are essential and they must be 2006 or newer; crisp with no tears or folds. Often you will need to order this quality of bill from your bank in advance, be sure to place your order at least 4 weeks before your departure. You can consult your team leader for an appropriate amount of cash with which to travel.

In-Country Policies

Child Sponsorship

Africa New Life Ministries does not allow team members to select children for sponsorship while on the ground in Rwanda. Only children who are registered, and whose profiles the Africa New Life Ministries' Rwandan office has on hand, will be available for sponsorship by team members on the ground.

There will be **NO** opportunity to sponsor street children directly from the Street Children Ministry. Only street children who have completed a test year in school and whose profiles the Africa New Life Ministries' Rwanda staff has on hand are available for sponsorship. If a team member takes a street child to our staff to try and get them sponsored, the child will lose the opportunity to be sponsored, children in our programs are aware of this policy.

If a mission team member wants to sponsor a child whose profile the Africa New Life Ministries' Rwandan office has, they can do so. The Africa New Life Ministries' Rwandan staff will send a sponsorship form to the U.S. office to begin the sponsorship process. Home visits cannot be guaranteed for children sponsored while in country due to a previously set agenda for the team.

A team member who sponsors a child while in country should contact the U.S. office in Portland, Oregon upon their arrival home: children@africanewlife.org or call the office 503.906.1590 and the sponsorship administrator.

Guest House

Street children, sponsored children or their families may not visit or stay overnight at the Africa New Life Guest House.

Home Visits and Giving Gifts

Home visits in Rwanda can be the highlight of a sponsor's trip. However, safeguards must be in place for visits to be most beneficial for the sponsor, Africa New Life Ministries as well as the sponsored child.

Sponsors may pre-purchase items to deliver to their families online at africanewlife.org at a mission team meeting. These gifts will be assembled by our Rwandan staff and prepared for you to deliver to your sponsored child during your stay.

Only home visits scheduled with our Africa New Life Rwandan staff prior to the team's arrival will be executed in country. No gifts will be purchased or home visits made to children not previously scheduled.

You may bring gifts from the U.S., but not more than can fit in a one gallon Ziploc bag, which could include items such as:

1. Pictures
2. Clothes
3. Blankets
4. Soccer Balls
5. Jump Rope
6. Tennis Balls
7. Books
8. School Supplies

Do not take:

- Cosmetic items
- Perfume
- Shampoo
- Hair clips or bands (they shave their heads)
- Medicine or vitamins
- Electronics (such as iPods, cell phones, etc.)
- Money for your child and/or his or her family
- Candy

Staff Gifts and Communication

It is Africa New Life policy that neither our staff in Rwanda nor in the U.S. accepts any kind of gift, cash or otherwise, from mission team members while in country or once the team has returned to the U.S. It is common for mission team members to communicate a desire to help one of our staff, however our Rwandan staff can lose their job if they receive personal or professional assistance from you. Please respect these standards of employment with Africa New Life.

Once you are back in the U.S. it is essential to communicate through our U.S. office in Portland, Oregon rather than seek to directly communicate with any one of our Rwandan staff members.

After Your Trip

Reintegration Process:

Team leaders are urged to have re-entry training for their teams coming back to talk through things they could experience upon return. Most people struggle with the wealth of America and the desire to make life changes so that they can have a greater impact locally and globally. Most teams do a post-trip meeting and share experiences, photos and talk about plans of how they can stay involved.

Facebook/Communication with Children

Sponsored or registered children sign an agreement that prohibits them from communicating directly with donors outside the scope of Africa New Life and understand that they can be expelled from the program for initiating communication. It is essential that you as a sponsor follow these guidelines for communication as well.

Further Opportunities After Your Trip

Volunteering

There are many ways to continue to support Rwanda and Africa New Life Ministries. There are several volunteer opportunities at the Portland Office.

To find out more please contact volunteer@africanewlife.org.

Sharing your Experience

Additionally, one of the best ways you can help is to spread the word about what you have been a part of and share that experience with friends and family. A great way to do this is to host a house party where you can share pictures, stories, and promote further giving and child sponsorship.

To find out more about hosting an event contact children@africanewlife.org.

Child Sponsorship

There are thousands of children in Rwanda that still need sponsors. To sponsor a child please visit our Web site africanewlife.org and choose one of the many children who are ready for sponsorship today or contact children@africanewlife.org.

Appendixes

Appendix A- Sample Support Letter

March 30, 2011

For the past three years Scott and I have sponsored Samuel, an 8-year old boy who lives in extreme poverty in Kayonza, Rwanda. We sponsor Samuel through Africa New Life Ministries (ANLM), a Christian organization that has received incredible support from our church for the past decade. After three years of writing and receiving letters and photos, and sometimes sending clothing to Samuel and his mother, Scott and I have developed an intense desire to meet Samuel and serve ANLM's growing ministry in Rwanda.

I believe this desire in our hearts is coming from the Holy Spirit. Increasingly, I have come to understand that God is breaking my heart for my precious brothers and sisters in Africa who live in extreme poverty and, oftentimes, oppression. Our connection with Samuel has brought it so close to home, and there is much more I need to discover about the call God has placed on my life to love and serve them.

Over the years, our six children (including our wonderful "kids-in-law") have been involved in many mission trips. We have seen firsthand how mission trips have impacted their view of the world and its resources, their love for people groups who need Jesus, and the vocational decisions they are making. While Scott and I have been on the sidelines cheering them on, and investing in them and many other missionary friends and families, we never dreamed that God would be challenging our faith journeys in the same direction. It's incredibly exciting to watch it happen!

In answer to this call on my life, I'm heading to Rwanda with an Africa New Life team this August 2011. We will be serving women and children—doing several projects and programs with them. We will also have the opportunity to see the progress ANLM is making on their seminary, street-children's ministry, dream center and schools in three different Rwandan cities. I'd love for you to visit their website www.africanewlife.org to see all they are doing. Of course, I'll get to see Samuel too and I've enclosed his picture for you (see pictures of him above – the most recent is his "big boy" picture taken in front of the plant!).

Part of my faith journey is asking you to participate with me. Please partner with me to pray for the team during our months of preparation, for our health and safety as we go, and that the work of our hands in Africa will be multiplied to His glory. There is also a significant amount to be raised in order for me to pursue this calling. If you feel led to help by contributing to the cost (\$4,500), I would be so grateful. Contributions are tax-deductible as ANLM is a nonprofit 501(c)(3) organization. The enclosed card has details about giving online or by mail – both are good options.

Whether you are praying for me, helping with financial support, or partnering in both ways, I humbly and gratefully look forward to representing your heart in Rwanda this August.

2 Cor. 9:12-14

Appendix B- Sample Support Letter

Hello There,

God has definitely put it on my heart to go to Africa this July! In preparation I am asking 200 people to pray for me. I am certain that anyone who has that many people praying for them will see God's hand move in a very powerful way and that's what I need. So, even if it is once a week or once a month, please be on my prayer team.

I know that I could stay home and send the \$4000 that I am raising to Rwanda. I could let the leaders of Africa New Life Ministries (ANLM) feed the poor or build a much-needed structure, but God really wants me there for some reason. The reasons I know of right now are as follows:

- The kids who wander the streets scavenging for food are rarely ever touched or shown someone cares. I want to love them into the kingdom of God through feeding and hugging and just spending time with them. Many only eat on Mondays and Thursdays. They will be blessed when someone who lives far away shows them that they care.
- To serve through labor on the Rwanda Evangelical School of Theology (R.E.S.T.)
- To grow my faith so God can use me to grow others' when I get back.
- To set the stage for evangelism by the local church through projects and loving on people.
- To encourage the local Rwandan church so it grows because of our example of sacrifice and love for strangers.
- To develop in me more of a heart for missions around the world so that when I get back I can work towards getting orphans, widows and prostitutes out of their horrible situations, even more than I could ever do on my own.
- To visit my sponsored child. If you are interested in that for yourself, pray and then visit www.africanewlife.org to choose one and I will take a care package for you to them.

Please pray for the following things as I prepare physically, mentally, emotionally, and spiritually for my trip to Rwanda:

- That I don't get eaten
- That 199 others will pray for me too
- That God grows my faith as the trip approaches....because I need that
- That I am able to raise the \$4000 needed for airfare and expenses
- That I don't get sick and end up laid up in bed the whole time
- For Rwandans to feel loved by God through me
- That God shapes my heart to beat with His for those who are not His children
- That we all get along while we are there

Our team will be in Rwanda from July _____-July _____. During that time, you can follow the trip at <http://www.africanewlife.org/blog>. Please join my team and pray for me, I am dependent on your prayers for the success of this journey.

Grace to you,

(sign here)

P.S. If you would like to support me financially, you can give online at www.africanewlife.org. Simply click on "GIVE" in the upper right-hand corner of the home page. Go to "Donation Options" and find the Saddleback Leather team. Find my name as part of the team and continue the online giving process. When writing a check please do NOT put my name anywhere on the check as that will eliminate the tax-deductible status for giving. Rather please attach a note that designates the funds should be applied to me specifically. All checks should be made out to Africa New Life Ministries. A tax-deductible receipt will be mailed to you whether you give online or via a check.

Appendix C- Sample Response Device

Team Member Name – Team Name (use the name used in the online giving on the Web site)

Dear Friends,

Thank you very much for contributing to this new growth opportunity. I value your investment in our team as well as your prayers during our time in Rwanda. Below are some ways you can contribute financially. It is helpful if contributions are sent no later than: _____.

1. ____ Check here if you would like to financially support my mission by sending in a check made out to Africa New Life Ministries. *(Please do not write my name anywhere on the check)*. **Please mail this form and your check in the addressed envelope provided.**
2. Instructions for giving online: Go to www.africanewlife.org
 - Go to **Donate** in the upper right corner of the home page.
 - Under **Giving Options**, look for my name and follow the directions through the process of online giving.
 - When giving online there is no need to mail anything into Africa New Life.

Africa New Life Ministries is a nonprofit 501(c)(3) organization and all donations are tax-deductible to the full extent of the law, so far as no goods or services were exchanged.



Release of Liability/Consent for Treatment

Team Member Name: _____ Today's Date _____

Team Name: _____ Dates of Travel: _____

Release of Liability

I _____ certify that I have voluntarily chosen to travel with individuals who volunteer in support of the work of Africa New Life Ministries International, and Africa New Life Ministries-Rwanda. I realize that by traveling overseas, I assume all risks associated with international travel, including illness, injury, trip delays, or damage to or loss of personal belongings. I understand that Africa New Life Ministries and affiliated individuals or organizations, make no assurances of my personal safety.

I hereby release Africa New Life Ministries International and Africa New Life Ministries Rwanda, and all partner organizations participating in this trip, specifically their agents, employees, facilitators and volunteers from any liability whatsoever arising out of any injury, illness, death, damage or loss which may be sustained by me during the course of involvement in traveling and working abroad.

Applicant's Signature (Date)

Parent or Guardian Signature if under 18

Consent for Treatment

I hereby agree to the performance of such treatment, anesthetics and operations as is deemed necessary in the opinion of the attending physician and/or mission trip leader.

Traveler Name/Printed

Mission Trip Leader

I assume the responsibility of all medical bills for the applicant. Should it be necessary for the applicant to return home for medical reasons, I/we will assume total transportation costs, if any.

Name of traveler/Signature (date)

Responsible Party (date) (telephone #)

Name of Medical Insurance Company

Policy Name/Number



AFRICA NEW LIFE
MINISTRIES

Africa New Life Ministries

Attached you will find an application packet for a short-term mission to Rwanda.

Please complete all required applications and give the reference forms, with your names written on the top, to two people who will take the time to fill them out. As the references are part of the application process, ask your references to send them in as soon as possible to Africa New Life Ministries, Attn: Missions.

For adults, please do not use a spouse, son, or daughter as a reference. References could be from a spiritual leader - your pastor, mentor or small group leader.

For minors, please have your youth leader, teacher, neighbor, or coach fill out the reference forms.

We will need a \$300.00 deposit and a copy of your passport when you turn in your application. This deposit can be gifts from people sponsoring you, as well. If you are not accepted for this team, your deposit will be returned to you. If you decide later not to go, the deposit will not be returned.

There will be no reimbursements for money raised or given to ANLM above and beyond the amount needed for your trip.

If you do not yet have a passport, please turn in your application with a note giving us the date you expect to have a photocopy available. Passports take from eight to 12 weeks to be completed and sent to you. So, please start the process early.

Once your application, deposit and references are received, your position on the team will be prayerfully considered by the team's leadership and Africa New Life Ministries. Deposits may be required prior to this date, depending on airfare. Your team leader will provide you with this information.

We want to reflect Jesus Christ, to be his hands, feet, and his heart on this trip. So we are asking you to make the preparatory meetings, as well as the trip itself, a priority in your life. Please uphold Rwanda, the team, your trip and Africa New Life's ministries in prayer daily.

Please return all applications and a photocopy of your passport to:

Africa New Life Ministries
7145 SW Varns Street, Suite 201
Portland, OR 97223
Attn: Missions

If you are fundraising for your trip, please have those supporting you mail checks to this address, as well. Please have those supporting you attach a note with their name and your name. For tax purposes, your name cannot be written on the check

If you have any questions or concerns please contact Michael Stern at 503-924-6550.



AFRICA NEW LIFE
MINISTRIES

Africa New Life Team Trip Application

Please type or print neatly.

Dates _____

Organization this trip is associated with: *Africa New Life Ministries International*
(Please attach any additional applications the supporting organization requires)

Name:

(Last)

(First)

(Middle)

Street: _____

City/State/Zip: _____

Best Phone _____

E-mail: _____ Fax: _____

Birthday: _____ T-Shirt Size: _____

PLEASE COMPLETE THE INFORMATION BOX BELOW

Are you a US citizen? YES NO If not, where is your citizenship? _____

PASSPORT INFORMATION: (PLEASE ATTACH A PHOTOCOPY OF YOUR PASSPORT)

Name on Passport: _____

(Last)

(First)

(Middle)

Passport Number _____ Expiration Date _____ *

If you do not have a current passport, when do you expect to receive one? _____ **

What is your occupation? _____

What specialized training/experience have you had that may be of value on the mission field?

Have you been on an International trip before? YES NO

What organization did you go with? _____

What country (ies)? _____

Do you have any medical problems about which we should be made aware? (Allergies, etc.)

Are you taking any medications (please list)?

What current inoculations do you have?

Personal Faith

Please be complete as possible; use additional paper, if necessary.

Are you a Christian (circle one)? YES NO How long have you been a Christian? _____

Which church do you regularly attend? _____

What do you depend on for salvation?

Briefly describe your relationship with Jesus.

Why do you want to be a part of this mission trip?

What are your strengths and weaknesses?

How do you see your strengths or weaknesses being a help or hindrance on the trip?

Please circle "Yes" or "No":

Are you willing to write letters of support to friends and family? YES NO

Are you able to attend all team events, both in preparation for the trip and in the field? YES NO

Can you commit to being punctual for all team events? YES NO

I certify that the above is true and correct to the best of my knowledge.

Signature of Team Member

Date

Printed Name



AFRICA NEW LIFE
MINISTRIES

References

Please provide the names of your two references. For adults, please do not use an immediate family member. At least one reference should be from a spiritual leader—pastor, mentor or small group leader.

For minors, one parent may be used for a reference. Please use a youth leader, teacher, neighbor or coach as a reference, as well.

First Reference

Name: _____ Relationship: _____

Address: _____

City, State, Zip: _____

Phone Number(s): _____

E-mail Address: _____

Second Reference

Name: _____ Relationship: _____

Address: _____

City, State, Zip: _____

Phone Number(s): _____

E-mail Address: _____



AFRICA NEW LIFE
MINISTRIES

Emergency Contact

Team Member: _____ Passport #: _____

Address: _____

City, State, Zip: _____

Phone Number(s): _____

E-mail Address: _____

In case of emergency, please contact:

Name: _____ Relationship: _____

Address: _____

City, State, Zip: _____

Phone Number(s): _____

E-mail Address: _____

Name: _____ Relationship: _____

Address: _____

City, State, Zip: _____

Phone Number(s): _____

E-mail Address: _____



Short-term Mission Reference Form

Applicant's Name _____ Date _____

You have been asked to provide reference material for the above person who has applied to participate in a short-term mission team. We would appreciate an honest assessment to select the people best suited for such a venture. The information will be treated as confidential. Thank you for taking the time to complete this form.

Your Name _____

Address _____ City / Zip _____

Home Phone _____ Work Phone _____ E-Mail _____

May we contact you for any follow-up questions? YES NO

I have known this applicant as: Parent Friend Teacher Pastor Leader Mentor Neighbor Co-Worker

How long _____

How well do you feel you know this applicant Not at all 1 2 3 4 5 6 7 8 9 10 Very well

Please Check Appropriate Box

Characteristic	Outstanding	Excellent	Good	Fair	Poor	Unknown
Maturity						
Emotional Stability Normally						
Emotional Stability Under Pressure						
Personal Motivation						
Self-discipline						
Self Image						
Team Work						
Involvement / Servant hood						
Social Acceptability – Liked by others						
Social Responsiveness – Alert to needs of others						
Social - Works well with groups						
Tactful						
Expression of Feelings to Others						
Creativity						
Dependability						
Stability						
Responsibility						
Faithful						
Enthusiasm						
Judgment & Common Sense						
Adaptability & Flexibility						
Teachable						
Sense of Humor						
Submission – Follows instructions						
Responds Well to Correction						
Perseverance						
Personal Devotions						
Church Attendance						
Personal Appearance						
Wisdom With Money						
Relates to Children / Teens						

Please circle a few of the following words that really stand out to you in describing the applicant:

Teachable	Nervous	Patient	Dependable
Fearful	Easily Discouraged	Moody	Anxious
Understanding	Humorous	Committed	Critical
Tolerant	Stable	Lacks Humor	Perfectionist
Wise	Domineering	Enthusiastic	Flexible
Prejudiced	Peaceful	Easily Offended	Late
Easily Embarrassed	Proud	Disorganized	Good Listener

Disciplined

How would you describe the applicant's relationship with the Lord? _____

Are you supportive of the applicant's participation on this team? YES NO

Please explain if you answered No:

Do you know of any concerns or conflicts others might have regarding this applicant's participation on this team? YES NO

Please explain. _____

Would you give the applicant your recommendation to be a participant on the mission's team designated outreach location? YES NO

If you have any comments please let us know. _____

Thank you for your time in completing this form. Please send it in the attached stamped self addressed envelope. If you have lost envelope, please return to:

Africa New Life Ministries
7145 SW Varns Street, Suite 201
Portland, OR 97223
Attn: Missions



Short-term Mission Reference Form

Applicant's Name _____ Date _____

You have been asked to provide reference material for the above person who has applied to participate in a short-term mission team. We would appreciate an honest assessment to select the people best suited for such a venture. The information will be treated as confidential. Thank you for taking the time to complete this form.

Your Name _____

Address _____ City / Zip _____

Home Phone _____ Work Phone _____ E-Mail _____

May we contact you for any follow-up questions? YES NO

I have known this applicant as: Parent Friend Teacher Pastor Leader Mentor Neighbor Co-Worker
 How long _____

How well do you feel you know this applicant Not at all 1 2 3 4 5 6 7 8 9 10 Very well

Please Check Appropriate Box

Characteristic	Outstanding	Excellent	Good	Fair	Poor	Unknown
Maturity						
Emotional Stability Normally						
Emotional Stability Under Pressure						
Personal Motivation						
Self-discipline						
Self Image						
Team Work						
Involvement / Servant hood						
Social Acceptability – Liked by others						
Social Responsiveness – Alert to needs of others						
Social - Works well with groups						
Tactful						
Expression of Feelings to Others						
Creativity						
Dependability						
Stability						
Responsibility						
Faithful						
Enthusiasm						
Judgment & Common Sense						
Adaptability & Flexibility						
Teachable						
Sense of Humor						
Submission – Follows instructions						
Responds Well to Correction						
Perseverance						
Personal Devotions						
Church Attendance						
Personal Appearance						
Wisdom With Money						
Relates to Children / Teens						

Please circle a few of the following words that really stand out to you in describing the applicant:

Teachable	Nervous	Patient	Dependable
Fearful	Easily Discouraged	Moody	Anxious
Understanding	Humorous	Committed	Critical
Tolerant	Stable	Lacks Humor	Perfectionist
Wise	Domineering	Enthusiastic	Flexible
Prejudiced	Peaceful	Easily Offended	Late
Easily Embarrassed	Proud	Disorganized	Good Listener
Disciplined			

How would you describe the applicant's relationship with the Lord? _____

Are you supportive of the applicant's participation on this team? YES NO

Please explain if you answered No:

Do you know of any concerns or conflicts others might have regarding this applicant's participation on this team? YES NO

Please explain. _____

Would you give the applicant your recommendation to be a participant on the mission's team designated outreach location? YES NO

If you have any comments please let us know. _____

Thank you for your time in completing this form. Please send it in the attached stamped self-addressed envelope. If you have lost envelope, please return to:

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